

The CMS Medicare-Medicaid Coordination Office (MMCO) is pleased to announce the following training opportunity:

Webinar: Promising Practices for Meeting the Needs of Dually Eligible Older Adults with Substance Use Disorders

Date/Time: Thursday, May 16, 1:30-3:00 PM EST

Registration Link:

https://www.resourcesforintegratedcare.com/Behavioral_Health/2019_BH_Webinar/Older_Adults_with_SUD

In 2018, Resources for Integrated Care held the [Managing Older Adults with Substance Use Disorders webinar](#) focused on screening and assessment approaches for older adults with SUD. This May, please join us for the *Promising Practices for Meeting the Needs of Dually Eligible Older Adults with Substance Use Disorders* webinar, which will take a closer look at this important topic, including a focus on tailored screenings, resources, treatment approaches, and programs to meet the needs of older adults with SUD.

Substance use disorders (SUD) are an emerging public health concern for the growing population of older adults. By 2020, the number of older adults with SUD is expected to rise to 5.7 million, up from 2.8 million in 2002-2006.¹ Older adults with SUD face unique challenges in receiving appropriate care: The formal diagnosis criteria in the DSM-5 for SUD are less relevant for older adults than they are for the general population, making SUD symptoms more difficult to identify among older adults.² Historically, older adults are also less likely to be screened for SUD.^{3,4} In addition, individuals dually eligible for Medicare and Medicaid have approximately twice the rates of co-occurring SUD and chronic pain relative to Medicare-only beneficiaries, making them a particularly vulnerable group.⁵

Older adults with SUD benefit from treatment approaches that are age and generationally appropriate, and designed to address common co-occurring conditions, mobility limitations, and social factors.⁶ Evidence has shown that age-specific programs, such as group therapy for older adults, lead to better long-term treatment outcomes.⁷

This interactive webinar will discuss common SUDs among dually eligible older adults, identify promising practices for screening, treatment, and care coordination, and demonstrate practical strategies for meeting the needs of older adults with SUDs. Speakers, including a consumer with lived experience, will share lessons learned and strategies to provide effective care for dually eligible older adults with SUDs.

¹ Wu, L. T., & Blazer, D. G. (2011). Illicit and nonmedical drug use among older adults: a review. *Journal of aging and health*, 23(3), 481-504.

² Kuerbis, A., Sacco, P., Blazer, D. G., Moore, A. A. (2014). Substance abuse among older adults. *Clinical Geriatric Medicine*, 30, 629-654. <https://doi.org/10.1016/j.cger.2014.04.008>.

³ Duru, O. K., Xu, H., Tseng, C. H., Mirkin, M., Ang, A., Tallen, L., ... & Ettner, S. L. (2010). Correlates of alcohol-related discussions between older adults and their physicians. *Journal of the American Geriatrics Society*, 58(12), 2369-2374.

⁴ D'amico, E. J., Paddock, S. M., Burnam, A., & Kung, F. Y. (2005). Identification of and guidance for problem drinking by general medical providers: results from a national survey. *Medical care*, 229-236.

⁵ Donovan, S., & Coleman, K. (2016, October 3). Opportunities for MMPs, PACE organizations, and D-SNPs to Prevent Identify, and Treat Opioid Addiction or Misuse among Medicare-Medicaid Dually Eligible Beneficiaries [Letter to Medicare-Medicaid Plans, PACE Organizations, and Dual Eligible Special Needs Plans].

⁶ Kuehn, B. (2016, April 19). Substance Use Treatment for Older Adults. Retrieved from <https://www.samhsa.gov/homelessness-programs-resources/hpr-resources/substance-use-treatment-older-adults>

⁷ Kofoed, L. L., Tolson, R. L., Atkinson, R. M., Toth, R. L., & Turner, J. A. (1987). Treatment compliance of older alcoholics: an elder-specific approach is superior to "mainstreaming". *Journal of studies on alcohol*, 48(1), 47-51.

By the end of this webinar, participants should be able to:

1. Identify unique characteristics of SUDs among older adults
2. Recognize effective strategies for screening SUDs among older adults and helping them transition from assessment to treatment
3. Recognize how to provide tailored treatment, recovery support services, and community resources to older adults
4. Identify opportunities to collaborate with clinicians, social workers, case managers, and caregivers to support older adults with SUDs

Featured Speakers:

- Dr. Louis Trevisan, MD, Associate Professor of Psychiatry, Yale University
- Dr. Nicole MacFarland, PhD, Executive Director, Senior Hope
- Elizabeth Baumann, LSW, Case Manager, Council of Aging of Southwestern Ohio
- Sherri, CASAC, Consumer

This webinar is intended for providers, health care professionals and front-line staff of Medicare Advantage plans, Medicare-Medicaid Plans, Dual Eligible Special Needs Plans (D-SNPs) and PACE Organizations, as well as other stakeholders interested in improving their ability to manage substance use disorder among older adults.

CME/CE Credit Information:

Accreditation

- The Centers for Medicare & Medicaid Services (CMS) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. CMS is also accredited by the International Association for Continuing Education and Training (IACET) to offer continuing education credit.
- The Lewin Group is accredited the National Association of Social Workers (NASW) to provide continuing education for social workers.

Continuing Medical Education (CME) Credit – CMS is evaluating this activity for CME credit. The number of credits awarded will be calculated following the activity based on the actual learning time. Final CME information on the amount of credit will be available to participants within the Learning Management System (LMS) after the live activity.

Continuing Education (CE) Credit

- **The Centers for Medicare & Medicaid Services (CMS)** – CMS is evaluating this activity for CE credit. The number of credits awarded will be calculated following the activity based on the actual learning time. Final CE information on the amount of credit will be available to participants within the Learning Management System (LMS) after the live activity.
- **National Association of Social Workers** – This program is pending approval by the National Association of Social Workers for 1 continuing education contact hour.

The following states do not accept National CE Approval Programs for Social Work: New York, Michigan, and West Virginia.

The following states currently do not recognize NASW National Approval: New Jersey, Idaho, and Oregon.

Individuals are strongly encouraged to check with their specific regulatory boards or other agencies to confirm that courses taken from these accrediting bodies will be accepted by that entity.

PLEASE NOTE:

- Webinar participants seeking CME/CE credit should only claim credit commensurate with the extent of their participation in the activity.
- A score of at least 80% on the post-test must be achieved in order to obtain CMEs/CEs via the NASW or CMS credit options.
- Estimated time to participate in the webinar: 1.5 hours including introductory information and interactive Q&A.
- Participants will be led through the following requirements after signing into and participating in the webinar:
 - Read the learning objectives and faculty disclosures
 - Complete the pre-test
 - Participate in the webinar
 - Complete the post-test and program evaluation form

Registration Information:

After clicking the registration link hosted on <https://resourcesforintegratedcare.com/> and completing the registration form, you will receive an email from do_not_reply@on24event.com containing event log-on information. The email also contains an attachment that, when opened, will save the event log-on information to an Outlook calendar.

On the day of the live event, please use the web link to join the webinar. You can access the platform using a computer, smart phone, or tablet. The audio portion of the presentation will automatically stream through your computer/device speakers. Please make sure that the volume on your speakers is turned up. Phone dial-in information will also be available during the live event if you are unable to listen to the audio through the computer/device speakers.

For individuals that will be **away** from a computer, smart phone, or tablet on the day of the live webinar event, please email us at RIC@lewin.com to request dial-in information.

Resources for Integrated Care (RIC) develops and disseminates technical assistance and actionable tools for providers of beneficiaries dually eligible for Medicare and Medicaid based on successful innovations and care models. The RIC website features additional resources and tools for providers and health plans, available at <https://www.resourcesforintegratedcare.com>. RIC is supported by the CMS Medicare-Medicaid Coordination Office.

Please contact RIC@lewin.com or Gretchen.nye1@cms.hhs.gov with any questions.